

# pathless yoga



## Pathless Yoga Retreat Registration Form

Pearce, Arizona  
November 6-10, 2009

**4-day retreat  
\$790**

**Cancellation Policy:** Cancellations before 60 days will receive a refund less a \$100 processing fee. A refund can only be made within 60 days of the retreat if the minimum number of participants has been met by the retreat start date.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Province \_\_\_\_\_

Postal Code \_\_\_\_\_

Email \_\_\_\_\_

Day Phone \_\_\_\_\_

Evening Phone \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

Signature \_\_\_\_\_

### **Send registration & payment to:**

Kathleen Knipp  
987 Cherrier  
Montreal, QC, H2L 1J2  
Canada  
514-527-7444 or kkkbluebird@yahoo.com

Checks or money orders in US funds made payable to:

*Pathless Yoga*

[www.pathlessyoga.com](http://www.pathlessyoga.com)

## Pathless Yoga Retreat Details

This 4-day predominantly silent retreat begins with dinner on November 6 and ends with lunch on November 10. Cost includes 4 nights shared accommodation and 12 vegetarian meals. Single upgrade available for \$200.

**Retreat size:** This retreat is limited to 15 people.

**Retreat Location:** Sunglow Ranch in the Chiricahuas  
14066 South Sunglow Road  
Pearce, AZ 85625

Nestled in the foothills of the spectacular Chiricahua Mountains 95 miles south of Tucson, Sunglow Ranch is a true sanctuary on 400 pristine acres of an old oak, juniper and pine ecosystem. The property, pictured above, has a beautiful pond and wildlife galore.

**Transportation:** Participants will be responsible for their own transportation. Carpooling from the Tucson airport can be arranged.

Confirmation, directions and a packing list will be sent via email once your registration has been received.

### **Sample Schedule:**

6:00 to 7:00am	Personal Practice (optional)
7:00-8:00am	Pranayama and Bodysensing
8:00am	Breakfast
10am to 12:30	Outdoor Practices/Yoga Nidra
12:30	Box Lunch/Lunch
3:30-6:00pm	Outdoor Practices/Dyads and Discussion
6:00 pm	Dinner
7:30-9:00pm	Outdoor Practices/Kirtan and Quiet Sitting

**CEU's:** The 4-day retreat provides yoga teachers who are members of Yoga Alliance with 30 contact hours.